

Toasted Turkey Ham and Cheese Sandwich

Meal Components: Grains, Meat / Meat Alternate

Sandwiches, F-07A

| Ingredients | 50 Servings | | 100 Servings | | Directions |
|--|-------------|-------------------------|--------------|--------------------------|---|
| | Weight | Measure | Weight | Measure | |
| Margarine or butter, melted | 6 oz | 3/4 cup | 12 oz | 1 1/2 cups | <ol style="list-style-type: none"> 1. Brush approximately ½ oz (1 Tbsp) margarine or butter on each sheet pan (18" x 26" x 1"). For 50 servings, use 3 pans. For 100 servings, use 5 pans. Reserve the remaining margarine or butter for step 5. 2. Place 20 slices of bread on each sheet pan, 4 across and 5 down. For 50 servings, one pan will have only 10 slices. 3. Top each slice of bread with 1 slice (1 oz) of cheese and 1 slice (1 ¾ oz) of turkey ham. 4. Cover with remaining bread slices. 5. Brush tops of sandwiches with remaining margarine or butter, approximately 1 ½ oz (3 |
| *Whole grain-rich bread (0.9 oz per slice) | 5 lb 10 oz | 100 slices | 11 lb 4 oz | 200 slices | |
| Cheese blend of American and skim milk cheeses, sliced | 3 lb 2 oz | 50 slices (1 oz each) | 6 lb 4 oz | 100 slices (1 oz each) | |
| Cooked turkey ham, sliced (15% water added) | 5 lb 8 oz | 50 slices (1 ¾ oz each) | 11 lb | 100 slices (1 ¾ oz each) | |

6. Bake until lightly browned: Conventional oven: 400° F for 15-20 minutes Convection oven: 350° F for 10-15 minutes DO NOT OVERBAKE.

7. CCP: Hold for hot service at 135° F or higher. If desired, cut each sandwich diagonally in half.

Notes

Comments:
*See Marketing Guide

Marketing Guide

| Food as Purchased for | 50 Servings | 50 Servings |
|-----------------------|---------------------------------|---------------------------------|
| Bread, sliced | 3 ¼ sandwich loaves (2 lb each) | 6 ½ sandwich loaves (2 lb each) |

| Serving | Yield | Volume |
|--|--|-------------------------------------|
| 1 sandwich provides 2 oz equivalent meat alternate and 1 3/4 oz equivalent grains. | 50 Servings: about 13 lb 7 oz | 50 Servings: 50 sandwiches |
| | 100 Servings: about 26 lb 14 oz | 100 Servings: 100 sandwiches |

Nutrients Per Serving

| | | | | | |
|--------------|------|---------------|--------|---------------|---------|
| Calories | 303 | Saturated Fat | 5 g | Calcium | 265 mg |
| Protein | 20 g | Cholesterol | 47 mg | Sodium | 1198 mg |
| Carbohydrate | 31 g | Vitamin A | 411 IU | Dietary Fiber | 1 g |
| Total Fat | 11 g | Iron | 2 mg | | |